

In-Person Group Exercise Reservations

Welcome back to Group Ex! We will allow a limited number of users into each class. Due to this, reservations will be required prior to attending. We will have all equipment for classes and participants will be socially distanced to make sure everyone can stay safe. Be sure to bring water as our water fountains remain turned off. Please know that masks are MANDATORY while in all areas of our facility. During in-person Group Ex classes, masks are recommended, but not required. Please be courteous to other members, if you are unable to attend your reservation, call The CORE so your spot can be opened for another member.

Visit coppellactivities.com and follow the steps below to view availability and reserve a spot in the fitness center.

- 1. Sign into your account by clicking "Sign In" and entering your login and password credentials. If you do not have an account, click "Create an Account" and enter all required fields.
- 2. Scroll to the top banner over and click on the "Activities" label. In the field near the top left, type **Group Exercise** and click "Search".
- 3. Click on the blue hyper link that says Group Exercise Classes (for the current week).
- 4. On this page you will see the available time slots. Click on the green "Enroll Now" to take you to the reservation page.
- 5. Select the Participant you wish to enroll. Select the slots you wish to reserve. Click "Add to Cart". {Please limit your reservation to one per day per member.}
 - a. If another member on the same account would like to make a reservation, you can navigate back to this page and follow the same steps.
- 6. On the Shopping Cart page, you can confirm your reservations, acknowledge the waiver, and click "Finish".

→ View Account Reservations

- 1. Log into the customer public access site and navigate to "My Account"
- 2. Select {Account Activity} to view reservations
- 3. Select the date range you want to view. Toggle the family members you wish to view schedules for to the right. Toggle "Flex Reg" to the right. Click on "View Schedule".